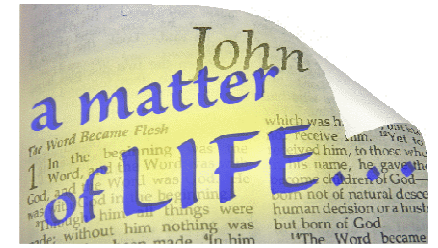




**Jesus said
"I am the Bread of Life"**

**Graham Hooke
Sunday 9th March 2014**



**BREAD
for the Hungry
*John 6: 1 - 21***

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**BREAD
from Heaven
*John 6: 22 - 59***

S _ _ _ _

**BREAD
for Life & Eternity
*John 6: 60 - 71***

S _ _ _ _ / S _ _ _

or

S _ _ _ _ _

Your decision.

Jesus asked his disciples, "And you, would you also like to leave?"

S _ _ _ _ _

SMALL GROUP ACTIVITIES

In a family, small group or community

These notes are to help you as a family, community or small group unpack the Sunday teaching. It's a bit unrealistic for a small group to do everything - **so feel free to be selective!**

OPENER (You will need to plan for this in advance!)

Bread Tasting

Ask some of your group to bring in some special bread. Encourage people to search out unusual breads or to bake their own and bring it in. Have a bread tasting competition. You might have a list of ten types of bread and people can sample each one and complete a chart saying which they think each one is: e.g. Wholewheat, Granary, Daniel's homebake, Soda bread, Veda (best bread ever when toasted with marmalade, but only available in Northern Ireland!) Sainsbury Economy, etc.....

DISCUSSION

1. Your experience of Jesus

What is your experience of Jesus like?

Think about your journey with Him, whether just beginning or many years old.

Share stories from your life that correspond with one of the S-words: Surprise, Satisfaction, Searching, Shock, Stick or Separate, Sustenance

2. Other people's experience of Jesus

There were significant shock factors for the Jews as they listened to Jesus' words:

- i. "Who's he think he is? This is Jesus, son of Joseph. We know his dad and mum...!"
- ii. "Does he expect us to become cannibals?"

What do you think are the contemporary shock factors for 21st Britons who we encourage to become followers of Jesus? Are they the same, or different to these?

REFLECTION

Jesus said, I am the Bread of Life, he who comes to me will never be hungry...

Where am I gaining my sustenance for life from?

Is Jesus sustaining me and giving me life for now and eternity?

Have I substituted other things for Him?

BREAD QUOTES

- What must you break apart in order to bring a family close together? Bread, of course. — Jodi Picoult, *The Storyteller*
- There are people in the world so hungry, that God cannot appear to them except in the form of bread. — Mahatma Gandhi
- In the history of art there are periods when bread seems so beautiful that it nearly gets into museums. — Janet Flanner, *Paris Was Yesterday, 1925-1939*
- How can a nation be called great if its bread tastes like kleenex? — Julia Child
- The smell of good bread baking, like the sound of lightly flowing water, is indescribable in its evocation of innocence and delight... — M.F.K. Fisher, *The Art of Eating: 50th Anniversary Edition*
- Man cannot live on bread alone. He needs booze too. — Theodore P Stein
- أن الشخص لا يستطيع أن يعيش بالخبز وحده — Jeffrey Archer, *As the Crow Flies* (Translation anyone? Hope it's printable!)
- Instead of putting your sandwich in a Ziploc bag, why don't you use my t-shirt? It's sweaty and will keep the bread moist. — Jarod Kintz, *If you bring the booze and food, I'll bring the thirst and hunger*
- My name is Mr Bread. He began writing his name neatly on the board. But you can call me Peter. Suddenly there was quiet, as thirty little brains whirred. Pita Bread! proclaimed a ginger-haired boy from the back. — David Walliams, *Billionaire Boy*
- Christ knew that by bread alone you cannot reanimate man. If there were no spiritual life, no ideal of Beauty, man would pine away, die, go mad, kill himself or give himself to pagan fantasies. And as Christ, the ideal of Beauty in Himself and his Word, he decided it was better to implant the ideal of Beauty in the soul. If it exists in the soul, each would be the brother of everyone else and then, of course, working for each other, all would also be rich. Whereas if you give them bread, they might become enemies to each other out of boredom. — Fyodor Dostoyevsky